

"We are blessed today, with enough to eat, May we be grateful. We are blessed with clothes to wear, May we be grateful. We are blessed with shelter from the elements, May we be grateful. We are very well blessed today. May we remember that there are many people who do not have these blessings. May we be grateful enough to help others when we can."

**Headquarters** - ESA love and thanks to all of you who have for 7 years lifted my sister-in-law Kellie in your prayers as she fought metastatic breast cancer. I am truly grateful, and those prayers carried her to many miracles. This warrior completed her fight January 15<sup>th</sup>, continued prayers appreciated for my brother Chris and

their 4 children ages 22, 19, 19, and 7.

**Arizona** - Kay Hicks will be able to go home on Monday about one month after breaking her ankle in two places and having 14-15 screws put in. She can stand up and turn around and get in a wheelchair or in a chair. She cannot drive and still has a hard time getting in a car. She would like to hear from people. Her address is 1629 N Parsell Circle Mesa AZ 85203-1632 or you can email her at <a href="kfhicks@cox.net">kfhicks@cox.net</a>

Cliff Smith after two months in rehab is home and doing well. He is working hard to regain his strength after those two months. He would enjoy hearing from you and says thank you for all the cards and prayers you have sent. His address is 7774 E. Marquise Dr Tucson AZ 85715

Judi Naylor's grandson was injured while snowboarding in Mammoth, California and was having surgery on January 14. He is a 24-year-old doctoral student at Cal Tech. Please send thinking of you cards to: Judi Naylor 12321 S Shoshoni Dr. Phoenix, AZ. 85044

Donna McAvoy's son-in-law had open-heart surgery on January 13. Please send thinking of you cards to: Donna McAvoy 302 N. Sycamore #16 Mesa, AZ.85201

California - Icie Munksgaard-Miller (Member at Large), has passed. Cards may be sent to her family at her address at: 2942 Las Flores Riverside, Ca 92503.

Illinois - Jacki Smith from Alpha Alpha Chapter in Bloomington, IL Death of Father-in-law Cards may be sent to Jacki Smith, 404 E. Stewart Street, Bloomington, IL. 61761

Joyce McCoy, Omega Nu Chapter in Mattoon, IL Former Illinois State Council President Fell and broke her hip and shoulder, she is in rehab. Cards may be sent to her at Mattoon Health Care, 2121 South 9<sup>th</sup> Street, Room 302, Mattoon, IL. 61938

**Kansas** - Wednesday, January 16th, Karen Duncan - Theta Rho on-line chapter, will have hip replacement surgery in Wichita at the Kansas Joint and Spine Hospital. All prayers will be appreciated. She will be there 2-4 days. No contact information available at this time.

Congratulations goes out to Mikayla Wiechman, husband Brian and big sister Brooklyn. They welcomed Ryker Gerald Wiechman into the family on December 10, 2019 weighing 9lbs 3ozs, 22 inches long. Mikayla's address: 1110 S. College Scott City, Ks 67871

Condolences to Paige Vallejo on the loss of her Father-in Law Marvin Vallejo. He passed away after a long battle with cancer on December 27, 2019. The funeral was on December 30, 2019. Please keep the family in your prayers. Paige's address: 601 Myrtle Scott City, Ks 67871

Shirley Keener, Delta Delta-Ulysses, is in great need of prayer at this time. She was hospitalized again Friday, January 11, 2020 with severe abdominal pain and inflammation. After trying another antibiotic over the weekend, the doctor says the cyst has grown and surgery is the only option. Unfortunately, Shirley's heart doctor is saying there is a 50% chance of survival as her heart is too weak. The doctors are going to converse and examine her again to determine if this is the only alternative. Surgery cannot happen until Thursday at the earliest. Please lift Shirley and her family in your prayers. PO Box 733, Satanta, KS 67870

**Missouri** - Sherry Krupka, past MSC President has Congestive heart failure and kidney failure. She is going into rehab today in hopes of getting home soon. Been in the hospital 12 days. Will be here 10 more. Sherry's address is 16705 NW 139th Court, Platte City, MO 64079

Terry Henke, husband of Barb Henke, past MSC President. Terry just got out of hospital January 17<sup>th</sup>, he had to have a stint replaced, which they thought was to be about 3 stints, but when they replaced the one stint, the other blockage that he had opened up and blood started flowing. Hopefully he can breathe a little better – he couldn't walk across a room. Please remember Terry & Barb in your thoughts & prayers. Cards can be sent to 4400 County Road 282, Auxvasse, MO 65231

**Oklahoma -** Jeff Russell son of Jacque Cantrel is having major back surgery on January 15<sup>th</sup> in Oklahoma City Jeff Russell 621 SW 71<sup>st</sup> Oklahoma City, OK 73139

Oregon – Ellie Allen from Delta Gamma as she has been dealing with a variety of health issues the past year. She is plagued with severe nausea, fatigue, and depression. The last month has been <u>very</u> difficult and she is anxiously awaiting the correct diagnosis. They have identified non-alcoholic sorosis of the liver. The symptoms she is having are not in line with the stage of that disease. All other tests have come back clean and her blood work is fine. Please pray for wisdom and guidance for her doctors and relief and comfort for her. She is not up for conversations, but cards would bring some sunshine to her dark days. Ellie Allen 1519 Arlington Ave. Woodburn OR 97071

**Texas** – Elaine Brundrett and Patsy Bremer to your prayers. Elaine's brother and Patsy's husband, John Bremer, has been diagnosed with pulmonary fibrosis and the diagnosis is poor. He will be seeing a specialist. Shortly after getting this bad news, Elaine learned that the husband of one of her Bible study buddies had a major stroke. Please keep them in your prayers. Elaine's address is 557 Handover Corpus Christi TX 78413. Patsy's address is 17505 FM 630 Odem, TX 78370

Charlotte Cleary from District II. passed peacefully from this life on January 18, 2020 Please keep Charlotte's family in your prayers.

**Virginia** – Brenda Bowersox, VSC 1st VP-President Elect, Alpha Chi, Waynesboro, VA just found out she has breast cancer. The tumor is small, and a lumpectomy is scheduled for January 31 with treatment to follow. Brenda's address is 196 Mine Branch Rd. Crimora, VA 24431

Gayle Meeks, VSC Past President, Beta Omicron, Staunton, VA had heart surgery this week. Three stents were placed in her heart and she is progressing well. Gayle's address is 18 Kenwood Dr. Verona, VA 24482

Carol Miller, former member of Alpha Chi, Waynesboro, VA is in declining health and does not get out much any longer. Carol's address is 507 Spotswood Rd. Staunton, VA 24401

John Quigley, husband of Phyllis Porch, Beta Tau, Woodbridge, VA, passed away on January 6. Their address is 5125 Bobcat Court Woodbridge, VA 22193

Dr. David W. Robinson, longtime significant other of Lynn Keffer, Sigma Chi, Roanoke, VA, passed away on January 9. Lynn's address is 3339 Longhorn Rd. Roanoke, VA 24018

Washington - On February 1st Betty's family is holding an Open House to celebrate her 100th birthday. Betty was a member of ESA in Florida for many years and then in WA for at least 15 years, with a total of over 30 years in ESA. Nancy believes she was a member of Beta Omicron Chapter. She was a past Woman of the Year and is very proud that she personally met Danny Thomas at St. Jude's Children's Research Hospital during one of her trips to Memphis. Nancy is asking that our WA State sisters send Betty some birthday cards to help her celebrate. She has not been able to attend meetings for quite a number of years and fears that there isn't anyone who would remember her now. If you are sending cards, they should be sent as follows:

Betty Duryee 945 - 21st St. N.E. Apt.#110 Auburn, WA 98002

Bonnie Hamer's mother Rose passed away this morning. Cards can be sent to her home. 4204 36th Avenue NW Gig Harbor WA 98335

Pat Fengler had knee replacement surgery and welcomes calls, cards and prayers. Pat Fengler's address is 1244 Browns Point Blvd. NE - Tacoma, WA 98422

**Wyoming** - Cindy Magelky, has knee replacement surgery yesterday 1/14/2020. Everything went all and should hopefully get out of hospital shortly. Her address is 108 Circle Drive Thermopolis, WY 82443

Patricia Gale, IC Chaplain 2019-2020

ESA—All Heart

esaicchaplain@gmail.com 520-227-4818 9860 E Paseo San Rosendo Tucson, AZ 85747